Title: NOSTALGIA

Message:

Live in the past and you'll get old before you know it.

Mood: Feelings of depression

Story:

The story is in acts, where the old man thinks back to days where he was happier.

Fx that time where he kick a football after a jump and it hit him right back in his own face.

Remembering the times of happiness, he transforms back to the younger version of him.

The old man is the young man hit by melancoly whch can be mixed up with nostalgia

http://kea.needrent.dk/nostalgia/



WORK SHEET

Character sheet

Story name: Nostalgia

Character names: 'Old man' + 'Young man' Lennart Stockmann



2-3 characters (front) side by side

WORK SHEET

Pose sheet

Main character:_____

Core situations incl. props:_____



Your name: Simon Erasmus Johansen

WORK SHEET

Character sheet

What drives the main character?

(Choose one: survival, safety and security, love and to "belong", need to know and understand, selfworth and selfesteem, God and the noble cause, selfrealization)

Selfrealization

Character's main goal:

Remebering old times makes hm want to live amonst other people	Dying alone and wasting his life
Character's friends and enemies:	
He has shunned himself from other people for a long tme, so he has few friends left. People he thinks might hate him no longer thinks of him	What the character needs to fulfill the goal/ mission:
	By thinking back he realises that only he had the life he still want to live. He just have to go outside (end scene is him leaving the house and the door becomes the logo)

Story name: Nostalgia

What is at stake for the character:

Character names: 'Old man' + 'Young man' Lennart Stockmann

Physical Trait

Gender(s): Male
Age: <u>31</u>
Height: <u>180 cm</u>
Weight: 100 kg
Eyecolor: Blue
Haircolor: Gray (Red-Brown)
Distingushes marks: Scar across left eye
Illnesses: None
Enhanced features: Big beard and hair
Strenghts: Interlligent
Handicap: a bit overweight
Weakness: Too smart for his own good
Build(basicshape): Round/Circle

Clothes

Sociological /Social/family

Parents: Close to his mother, farther triesSiblings: Older sisterMarital status: SingleRelationship: NonePets: NonePets: NoneFriends: a few close friendsEnemies: Not reallyEthnicity: CaucasionEating habbits: Over eaterMain mode of transportation: walksWorkspace: LookingImportant items: a broken ringWeakness: Thinks to muchAccent:Living space: Spartanic

Stressors: Ambitions: Addictions : Food Journal entries(keep diary): No Leader or follower: Wants to lead Music & book preferences: Enjoys music Sleeping habbits: Sceduled How does they relax: Good movie and wine Recreation: What excites: Obsessions:_____ As seen by others: Strong As seen by self: Weak Special memories: Times in his live where he was at his best *Nightmares*: not finding love again, or being able to love himself

Psychological

 Beliefs: Don't know what to believe in

 Superstutions: None

 Fears: Fears life

 Prefers groups or solitary life: Both

 Plannedout or spontanious: Planned

 Hobby: Jack of all trades

 Prejudices: Hates biggots



WORK SHEET Secound character

Characters role/part in the story:

He is the memory of 'Old man' and inspirres 'Old man' to become his best self again

Character's main goal:

He's the past	Nothing, he has no cares in life

Characters friends and enemies:

He has a lot of friends, everybody likes him. He don't have any enemies
or he at least don't notice them

What the character needs to fullfill goal/mission:

He lives the stupid things he did in life to get the 'Old man' to realize his
best

Story name: Nostalgia

Character names: 'Young man' Lennart Stockmann

What is at stake for the character: